



Zion News

MONTHLY NEWSLETTER | OCTOBER 2025 - VOLUME 66 ISSUE 10

*Do not cast me from your presence or take your Holy Spirit from me.
Restore to me the joy of your salvation and grant me a willing spirit, to sustain me. ~ Psalm 51:11-12*

Join Us at Zion for the Mummers' Parade!

The 98th Alsatia Mummers' Parade is on October 25th at 6pm. We have some seats available – get yours today! The cost for the seats on the street are **\$7** and the wall seats are **\$6**. Please contact the church office to purchase tickets. And please tell all your friends and family. We hope to sell all of our seats!!



**ZION'S MISSION:
TO SHARE THE
GOSPEL OF CHRIST
IN SUCH A WAY THAT
WE FIND GOD,
GROW OUR FAITH,
DISCOVER OUR
PURPOSE AND MAKE
A DIFFERENCE**

Worship online [via Zoom](#)
Meeting ID: 813 6036 7954
Password: GodswithUs

Sunday Service: 11am
Sunday School: 9:45am
Beginning 9/7

Address:
201 N. Potomac St.
Telephone:
301-739-7244
Email:
zionrucc@myactv.net



Founder's Week Commemorating 250 Years of Jonathan Hager's Legacy

October 25th- Float in Mummers' Parade

October 31st- Final Ghost tours at Hager House

November 1st- Guided Walking Tours/Open Houses, including Zion from 12:00 to 4:00 pm

November 2nd - Worship at Zion; Homecoming Celebration. Please let Pastor Scott if you are willing help!

November 3rd - Hager's Forgotten Patriot Legacy Talk -Matt Penrod - Washington County Library 6pm - 7:30 pm



November 4 - From Hager's Roots to Yours - 7 - 8:30 pm Join Carol Miller-Schultz at Christ's Reformed for a hands-on session designed to help you begin your family tree. Bring along names, dates, and places related to your ancestors to get started on uncovering your roots."

November 5th - "The Man, The Myth, The Legend" A discussion at Zion on the debated and unsolved mysteries of Jonathan Hager.

1775

November 6th- Jonathan Hager Celebration of Life- A 250th Commemoration, 6-8pm at Zion. Followed by a graveyard tour and taps by Byron Stay.

November 7th - Zion Reformed Graveyard Tour - to be given by the Hager Celebration Planning Team of Parks & Rec.



October 10							November 11						
SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT
			01	02	03	04							01
05	06	07	08	09	10	11	02	03	04	05	06	07	08
12	13	14	15	16	17	18	09	10	11	12	13	14	15
19	20	21	22	23	24	25	16	17	18	19	20	21	22
26	27	28	29	30	31		23	24	25	26	27	28	29
							30						

OCTOBER WEEKLY/MONTHLY EVENTS

Sunday Worship - 11am in the sanctuary and virtually at www.zionreformed.church/worshiplive

Sunday School - 9:45am

Children's Choir - every Sunday 10:15-10:30 in the Music Room

Middle/High School Sunday School - 10/5 & 10/19 9:45am in the Youth Room

Young Adult Class/Bible Study - 10/12 & 10/26 at 9:45am Location TBD

Tuesday's Supper and One Stop Shop - Every Tuesday from 5-6:30pm in the Fellowship Hall

Staff Meeting - Tuesdays at 11:00am in the Burhans Room

Potluck and Study - Wednesdays at 6pm

4-H Club - 10/2 and 10/16 at 4:30pm in the Burhans Room

Properties Team Meeting - 10/2 and 10/23 at 1pm

Executive Team Meeting - 10/2 and 10/30 at 2pm

CE Team Meeting - 10/6 at 5:30pm

Consistory Meeting - 10/6 at 7pm

Choir Practice - Thursdays at 5:30pm

Easy-cise Class - 10/11 at 9:00am

October Birthdays

Becky Loccisanos	10/4	Meagan Graff-Bohn	10/19
Bill Cook	10/4	Angel Livingston	10/26
Carroll Sager	10/4	Beth McDonald	10/26
James McDonald	10/10	Ed Patterson	10/26
Beth Hauver	10/12	Nick Patterson	10/30
Ruth Dwyer	10/13	Toby Bell	10/31
Max Delosier	10/15		

October Anniversaries

Michael & Carol Mooers	10/2	Chris & Mary Emmert	10/11
Chase & Felicity Gohlmann	10/4	Curtis & Amber Nilson	10/13
John & Ruth Dwyer	10/9	Corey & Jessica Green	10/23
Scott & Margaret Richardson	10/9	Scott Winnette & Anthony Moscato	10/31

Consistory Highlights

We had a full agenda for our first kickoff Consistory meeting of the year, and it's clear that wonderful things are happening at Zion!

At our recent meeting, Consistory approved several key motions to help shape Zion's future, building on the mission priorities identified during our April 2024 visioning event.

- Explore creating a Senior Day Center for elder care.
- Move the History Room and create a Records Room in the parsonage.
- Address building needs: replace flat roof on CE Wing (already complete!), rehang the rear gate, and install new security doors.
- Prepare spaces for rental opportunities, including rooms in the church, the 2nd floor of the education wing, and parking spaces.
- Pursue National Landmark Status for Zion.
- Begin work on leadership/committee restructuring in 2025–2026.
- Update the parsonage with painting, HVAC, kitchen/bath improvements, and security.
- Add a new ADA entrance, improve signage/way-finding, and explore a musical garden for children.

We will have a short Congregational Meeting on Oct 12 in the Sanctuary, following our service, to review these initiatives.

Plate giving is up 25% compared to last year, a wonderful indication of the congregation's generosity and commitment to Zion's mission!

The Properties Team has been busy with major projects this summer, including a new roof, landscaping, and parsonage preparations.

Outreach events this summer included Pride Day, the Ag Expo, a mission trip to Bern, NC, with plans to once again support the REACH Cold Weather Shelter this year. On September 18, volunteers joined the Day of Caring to assist in Zion's food pantry. Last but not least, VBS was a huge success in June, held in partnership with Trinity Lutheran and Christ's Reformed.

We're gearing up for a fun and busy fall! The Mummer's Day Parade will bring food trucks to our parking lot, and our youth won't want to miss a spook-tacular Halloween Party at Pastor Scott's house. CE is excited to announce a new Young Adult Sunday School class, joining our classes for all ages to help spiritually nurture every stage of life. Exciting things are happening at Zion—and the best is yet to come!



We were notified last week that Zion was gifted a precious gift from the Keefer Family - their family home, effective immediately.

The Keefer family were lifelong members of the Zion Reformed UCC family. Fred Keefer, Jr. passed away in 2011. And his wife Bettie, to whom he was married for 71 years, passed away in 2013. Their son Fred continued to live in their family home, with their loving caregiver Becky Arnemann, until his passing in April 2025.

It was indeed an honor for us to be given such an incredible legacy from the Keefer family. Our Consistory is now carefully considering how to best use this amazing gift.

New Numbers – A Parish Nurse Note

High blood pressure (hypertension) is a common condition that affects your arteries. Blood pressure is the measurement of the force of blood against the walls of your arteries. If you have high blood pressure, that force is elevated, causing your heart to work harder. A blood pressure reading looks like a fraction; the top number is your heart at work while the bottom number is your heart at rest. A blood pressure that is 180/120 is considered a hypertensive emergency or crisis. Hypertension is called the “Silent Killer” because it rarely causes symptoms in its early stages. A few may experience headaches, shortness of breath and nosebleeds. The best way to make sure your blood pressure is not elevated is to have it checked regularly. There is usually no one identifiable cause for high blood pressure, as it gradually develops over time. Some underlying causes can be kidney disease, congenital artery problems, obstructive sleep apnea, thyroid conditions and use of illegal drugs.



Untreated high blood pressure can increase your risk of stroke, heart attack, damage to the blood vessels in your kidneys and eyes, and development of aneurysms. It is important to have your blood pressure taken properly, something that very few healthcare providers do. For an accurate reading, you should be seated with back and arm support. You should not eat, exercise or smoke for 30 minutes prior to having your reading completed. Your bladder should be empty, and you should sit quietly without talking for at least 5 minutes before your blood pressure is taken. The blood pressure cuff should not be wrapped over your clothing. Do not cross your legs. Be sure the blood pressure cuff is positioned above the elbow.

New, lower guidelines for blood pressure readings (chart on the right) have been published by the American Heart Association. If you have high blood pressure, a few lifestyle changes can help keep your blood pressure in the safe range: exercising, stopping smoking and vaping, losing weight if you are overweight, decreasing alcohol intake and eating a diet low in salt, sugar, and fat. Various medications are also used to keep your blood pressure in the normal range. With a conscious effort and a little work, you can successfully manage your high blood pressure and lower those numbers!

Blessings and Health,
Barb Hendershot, RN Parish Nurse

Sources:
heart.org/BP
mayoclinic.org

New 2025 Guidelines for Blood Pressure (in yellow)		
BP Classification	Systolic (top number) Blood Pressure mmHg	Diastolic (bottom number) Blood Pressure mmHg
Normal	<120* <120**	and <80* and <80**
Prehypertension	120-139* 120-129**	or 80-89* less than 80**
Stage 1 Hypertension	140-159* 130-139**	or 90-99* 80-89**
Stage 2 Hypertension	≥160* 140 or higher**	or ≥100* 90 or higher**

What's Happening

Youth Halloween Party – October 11

Join us on Saturday, October 11, 2025, from 4:00-7:00pm at Pastor Scott's house. Activities will include s'mores and hot dogs with a campfire.

Children's choir – October 12

Our wonderful children's choir is singing on Sunday, October 12 during worship.

Congregational Meeting – October 12

We will have a short congregational meeting after worship for an update on mission priorities.

End of Life Planning Program – October 12

Make plans to join us on Sunday, October 12th from 12:45- 2pm to learn more about end of life planning. A light lunch will be provided. You don't have to be old to attend (that's the meaning of PLANNING!) There is a sign up sheet in the chapel.

Halloween Costume Parade – October 26

We will have a costume parade during the SundaySchool hour. Kids, wear your costumes and trick or treat through our classrooms!

Halloween Organ Concert – October 26

Make plans to be at Zion on October 26th at 2pm. Claire-Marie Moblard and Byron Stay will dazzle us with music featuring many pieces from the archives of spooky organ tracks. Admission is free.

Join Us for Sunday School!

Zion has a new youth class (6th-12th graders) meeting on the first and third Sunday's of the month and a young adult class meeting the second and fourth Sunday's of the month, both meet at 9:45am.

Children's Church Volunteers Needed

As we begin the 2025–2026 school year, we are looking for volunteers to help with Children's Church during Sunday services. If you enjoy spending time with our kids and would be willing to lead just a week or two in the fall and spring, we'd love to have you! Even if you can only commit to one Sunday during the whole year, that's perfectly fine—we'll take whatever help you can give.

If leading isn't your thing but you're willing to be a second adult in the room to help us meet Safe Church requirements, that's also incredibly helpful and very much appreciated.

To make things easy, Megan Shroyer is happy to prepare a craft or activity for you ahead of time—so your prep time will be minimal. If you're interested, please call, text, or email Megan to sign up. Thank you so much for considering it! (meg.schultz1@gmail.com or 240-675-0621)

Volunteering at Reach Cold Weather Shelter

Zion is signed up to cover the REACH Cold Weather Shelter on Monday and Tuesday, December 29 and 30. Volunteers will be needed to cook and serve dinner, clean up the kitchen, register, check, and search guests, monitor the laundry area, and provide overnight coverage. It's not too early to get these dates on your calendar. Please see Carroll Sager if you are interested in helping.

Date	Lector	Ushers	
October 5	Amber Nilson	Christine Coleman Tina Shafer	Judy Thompson Barb Ware
October 12	Rich Owens	Domenick Gerlando Barb Hendershot	Matt McDonald William Wantz
October 19	Wells Ridenour	William Brewer Calvin Livingston	Gerald Saum Jean Simmons
October 26	Jim Ridgely	Burnie Clutz Susan Clutz	Becky Hohman John Schnebly

Children's Church Helpers: 10/12- Susie Clutz, 10/26- Jean Simmons

TREASURER'S REPORT		
	August	2025
Contributions	\$6,049.00	\$45,696.28
Transfers	\$60,000.00	\$270,000.00
Other Income	\$425.00	\$31,024.45
Expenses	\$66,374.30	\$341,997.90
Net Income	\$99.70	\$4,722.83

Pastor: Rev. Dr. E. Scott Winnette
Admin Assistant and Docent: Rae Smith
Multimedia Specialist: Brandon Hackett
Music Director/Organist: Claire-Marie Moblard
Choir Director: Byron L. Stay
Treasurer: Lisa Saum
Special Funds Treasurer: Carol Mooers
Parish Nurse: Barb Hendershot

Consistory Elders: Becky Hohman, Megan Shroyer,
 Tina Shafer, Susie Clutz and Carol Mooers

Consistory Deacons: Rich Owens, Calvin Livingston,
 Alyn Wilson, Matt McDonald, Rick Waters and Jean
 Simmons

Zion News is published monthly by Zion Reformed United Church of Christ
 201 North Potomac Street, Hagerstown, MD 21740.

Office Hours: Monday – Friday 9 am – 12:00 pm
 Telephone: 301-739-7244
 Email: zionrucc@myactv.net
 Website: www.zionreformed.church

Deadline for articles is the 13th of each month prior to the month of publication.
 All articles are subject to editing for space.

The medical information in this newsletter is provided without any
 representations or warranties, express or implied. You must not rely on the
 information in this newsletter as an alternative to medical advice from your
 doctor or other professional healthcare provider.

ZION REFORMED UCC
201 North Potomac Street
Hagerstown, MD 21740
RETURN SERVICE REQUESTED



Zion Reformed United Church of Christ

GIVE ONLINE

