

MONTHLY NEWSLETTER | APRIL 2025 - VOLUME 66 ISSUE 4

We know that when Jesus was raised from the dead it was a signal of the end of death-as-the-end.

Never again will death have the last word. ~ Romans 6:9 The Message



- Sunday, 4/6 Worship The Need for Beauty
- Sunday, 4/13 Worship, Palm/Passion Sunday Jesus Needs Our Help
- Maundy Thursday, 4/17 Worship, 7pm
   The Need for Love, Protection & New Life
- Friday, 4/18 Good Friday
  - Sanctuary will be open 9am-noon
  - HARC Cross Walk at 1pm at City Park
- Saturday, 4/19 Decorating the Flower Cross at 4pm
- Sunday, 4/20 Easter Sunday Worship
  - 6am Sunrise Service at Christ's Reformed UCC
  - 10:30am Celebrating under the cross on Potomac Street
  - o 11am Resurrection Day Worship

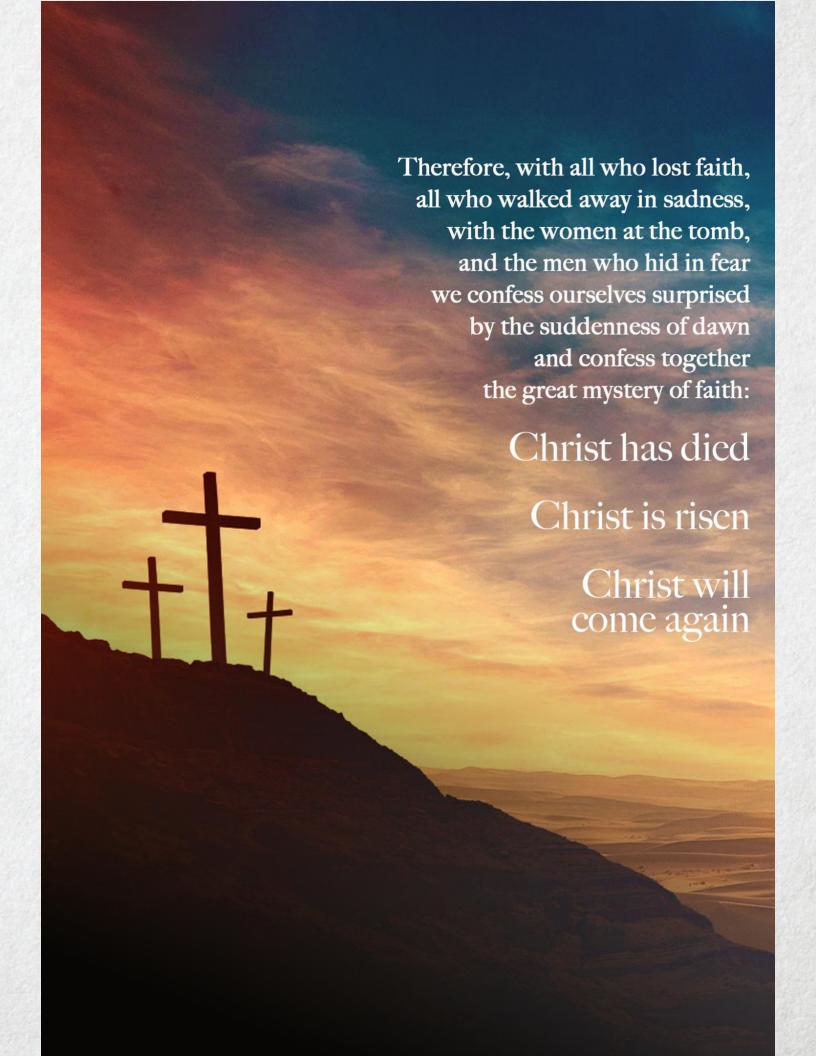
ZION'S MISSION:
TO SHARE THE
GOSPEL OF CHRIST
IN SUCH A WAY THAT
WE FIND GOD,
GROW OUR FAITH,
DISCOVER OUR
PURPOSE AND MAKE
A DIFFERENCE

Worship online <u>via Zoom</u>
Meeting ID: 813 6036 7954
Password: GodswithUs

Sunday School: 9:45am Sunday Service: 11am

Address:
201 N. Potomac St.
Telephone:
301-739-7244
Email:
zionrucc@myactv.net







| April |     |           | 04        |           |           | Мау       |  |     |     | 05  |     |           |           |           |
|-------|-----|-----------|-----------|-----------|-----------|-----------|--|-----|-----|-----|-----|-----------|-----------|-----------|
| SUN   | MON | TUE<br>01 | WED<br>02 | THU<br>03 | FRI<br>04 | SAT<br>05 |  | SUN | MON | TUE | WED | THU<br>01 | FRI<br>02 | SAT<br>03 |
| 06    | 07  | 08        | 09        | 10        | 11        | 12        |  | 04  | 05  | 06  | 07  | 08        | 09        | 10        |
| 13    | 14  | 15        | 16        | 17        | 18        | 19        |  | 11  | 12  | 13  | 14  | 15        | 16        | 17        |
| 20    | 21  | 22        | 23        | 24        | 25        | 26        |  | 18  | 19  | 20  | 21  | 22        | 23        | 24        |
| 27    | 28  | 29        | 30        |           |           |           |  | 25  | 26  | 27  | 28  | 29        | 30        | 31        |
|       |     |           |           |           |           |           |  |     |     |     |     |           |           |           |

### **APRIL WEEKLY/MONTHLY EVENTS**

Sunday Worship - 11am in the sanctuary and virtually at www.zionreformed.church/worshiplive

Tuesday's Supper and One Stop Shop - Every Tuesday from 5-6:30pm in the Fellowship Hall

Wednesday Potluck & Devotion - Wednesday's at 6:00pm in the Burhans Room

**4-H Club** - 4/3 and 4/17 at 4:30pm in the Burhans Room

Christian Education Team Meeting - 4/7 at 5:30pm

Properties Team Meeting - 4/3 at 1pm

Executive Team Meeting - 4/2 at 10am

Consistory Meeting - 4/7 at 7:00pm

Staff Meeting - Tuesdays at 11:00am in the Burhans Room

Easy-cise Class – 4/12 at 9am

Choir Practice - Thursdays at 5:30pm

| <b>April Birthday</b> | S    |                 |      |
|-----------------------|------|-----------------|------|
| Delilah Bell          | 4/2  | Robert Kefauver | 4/12 |
| Aaron Kelly           | 4/4  | Sally Stewart   | 4/17 |
| Kristen Joy           | 4/5  | Eric Saum       | 4/20 |
| Tess Summers          | 4/5  | LoriBeth Martin | 4/21 |
| David Rhodes          | 4/9  | Michael Mooers  | 4/21 |
| Randy Hendershot      | 4/9  | Krista Burgan   | 4/23 |
| Jean Simmons          | 4/10 | Kenlin Martin   | 4/24 |
| Kimberly Ridenour     | 4/10 | Burnie Clutz    | 4/26 |
| Lynda Graves          | 4/10 | Michael Heyser  | 4/28 |

# **April Anniversaries**

## **Consistory Highlights**

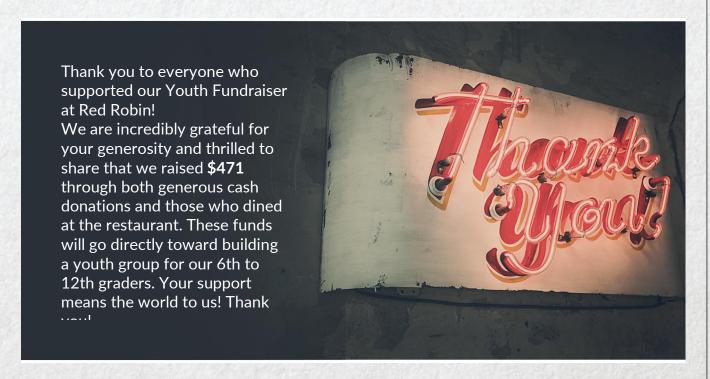
Zion has had an eventful few months filled with exciting progress and positive updates! Pastor Scott has completed his course requirements for the United Church of Christ—congratulations to him on this achievement!

Several teams have been hard at work. The Outreach Team reported great success with the Souper Bowl Sunday event, and we appreciate everyone who contributed. The Christian Education Team announced the upcoming Youth Group Kickoff on Thursday, May 1, 2025, from 6–8 p.m. Meanwhile, the Visioning & Strategic Planning Team attended the first Transform Church Transform Community 2.0 session, an exciting opportunity that will support Zion's ongoing visioning efforts over the next nine months with guidance from Jill White. The Properties Team has submitted grant applications and is gathering quotes for roof repairs on the education wing and Parsonage, as leaks have been identified in the Cinderella Shop and CE room.

Several recent events have been successful. The Valentine's Day Event was a wonderful experience, with Kristen Joy leading a professional cupcake decorating session. Zion also had a strong presence in the Coldest Night Walk, where our team raised \$1,000 for REACH—thank you to Carroll Sager, Kim Ridenour, Barb Hendershot, Matt and James McDonald for participating! Additionally, multiple grant applications have been submitted, including funding requests for organ repair, Tuesday Ministries, Micah's Backpack, and youth programming support.

This fall, Zion has been invited to support the Food Faith Tour, serving as a stop for breakfast and offering a history tour of the church. Another exciting opportunity awaits on November 6, 2025, as Zion has been asked by the City of Hagerstown to participate in the 250th anniversary festivities of Jonathan Hager's death. A planning meeting for this event will take place on March 12, 2025.

Thank you for your continued support and involvement in the life of Zion!



# Take a Healthy Bite Out of Life - A Parish Nurse Note

Dental health and good oral hygiene are vital to staying healthy. Poor oral hygiene and dental decay can make it hard to eat, talk and concentrate, not to mention the effect it has on your self-confidence. Your mouth is the gateway to both your digestive tract and respiratory tract. Many germs are present in your mouth, but good oral hygiene can keep the germs at a level that your body can fight off. Saliva removes food particles and keeps the acids produced by germs in check. Medications that lower saliva production (antihistamines, pain medications, diuretics {for removal of excess fluid} and antidepressants) can cause oral problems.

If you have poor oral hygiene, you are at greater risk for diabetes, dementia, heart disease, adverse pregnancy outcomes, respiratory problems and stroke. Diseases that have been directly related to poor oral hygiene include endocarditis, cardiovascular disease, pneumonia and premature birth and low birth weights.



Endocarditis is an infection of the inner lining of the heart that can be caused by germs from your mouth. This disease can be fatal. Cardio-vascular disease, clogged arteries, and stroke have been linked to the inflammation caused by oral infections. Pneumonia can result when germs from the mouth enter the lungs.

Diseases that affect oral health include diabetes, HIV/AIDS, and Alzheimer's disease. Diabetes and HIV/AIDS affect your immune system and its ability to fight infection. The oral health of those with Alzheimer's tends to decrease as their symptoms increase.

Gum disease (periodontitis) is thought to play a part in the development of Rheumatoid arthritis, oral cancers, gastrointestinal cancers, lung cancer, breast cancer, prostate cancer and uterine cancer. Chronic kidney disease has also been associated with gum disease. Because of gum disease, your immune system is weakened and is therefore more susceptible to developing more serious diseases.

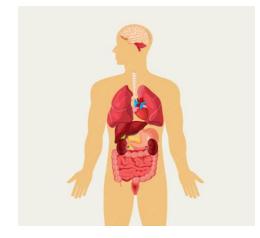
Your best defense is good oral hygiene. Visit your dentist at least yearly. Brush your teeth twice a day for 2 minutes each time. Remember to brush your tongue also. Use a new toothbrush every 3-4 months or earlier if the bristles are worn or flared. Use a toothpaste with fluoride to help prevent cavities that lead to infections. Floss in between your teeth daily. Eat a healthy diet and beware of too many sugary foods and drinks. Do NOT use tobacco in any of its forms.

Stay healthy and optimize your chances at staying that way by using good oral hygiene. Your entire body will thank you!

Blessings and Health, Barb Hendershot, RN Parish Nurse

Sources:

carequest.org mayoclinic.org who.int



### What's Happening

#### **Graduation Celebration**

On May 18th in worship we will celebrate graduates from high school, college, certificates, and graduate degrees. We are excited to celebrate with you. Please let Megan Shroyer or Kim Ridenour know by the end of April.

### **Rocky Railway VBS**

VBS is June 23-26 from 6 p.m. to 8 p.m. We are looking for volunteers for crafts, games, snacks, registration, security, storytellers, and crew leaders! Please contact Megan Shroyer or Kim Ridenour if you are interested in helping.

### Youth Mission Trip

Please save July 6-10th for a mission trip. We will drive to New Bern, N.C. to help with hurricane recovery. We have a house with 58 beds reserved and will be working with a construction team. The approximate cost for the trip is \$300 for lodging, food, and transportation on a church van. All will be expected to purchase their own meal when we eat out on our final day. Please consider joining us in this important opportunity to reach out in service and love to others. For questions or more information, please contact Pastor Scott.

### **UCC General Synod**

Registration is officially open for the General Synod 35. This year's event takes place July 11-15, 2025, in Kansas City, Missouri, and offers the opportunity for thousands of folks within the United Church of Christ to gather for worship, fellowship, attending to business, offering public witness, and setting the denomination's priorities for ministry. Given the timing so near to our Youth Mission Trip, we will not be sending anyone this year. But this is a wonderful opportunity if you would like to attend on your own. All details, including pricing, can be found on the attached link.

General Synod 35 online registration now open - United Church of Christ



| Date     | Lector            | Ushers                               |                                |
|----------|-------------------|--------------------------------------|--------------------------------|
| April 6  | Calvin Livingston | Frank Ebersole<br>Carol Mooers       | Rich Owens<br>Rick Waters      |
| April 13 | Carol Mooers      | Christine Coleman<br>Tina Shafer     | Judy Thompson<br>Barb Ware     |
| April 20 | Amber Nilson      | Domenick Gerlando<br>Barb Hendershot | Matt McDonald<br>Willian Wantz |
| April 27 | Rich Owens        | William Brewer<br>Calvin Livingston  | Gerald Saum<br>Jean Simmons    |

Children's Church Leaders: April 13 - Jean Simmons and April 27 - Kristen Joy

| TREASURER'S REPORT |             |              |  |  |
|--------------------|-------------|--------------|--|--|
|                    | February    | 2025         |  |  |
| Income             | \$6,719     | \$11,862     |  |  |
| Transfers          | \$25,000    | \$60,000     |  |  |
| Expenses           | \$37,941.27 | \$84,118.40  |  |  |
| Net Income         | -\$6,222.27 | -\$12,256.40 |  |  |

Pastor: Rev. Dr. E. Scott Winnette Admin Assistant: Rae Smith

Multimedia Specialist: Brandon Hackett Music Director/Organist: Claire-Marie Moblard

Choir Director: Byron L. Stay Treasurer: Lisa Saum

**Special Funds Treasurer:** Carol Mooers Parish Nurse: Barb Hendershot

Consistory Elders: Becky Hohman, Megan Shroyer,

Consistory Deacons: Rich Owens, Calvin Livingston, Alyn Wilson, Matt McDonald, Rick Waters and Jean Simmons

Tina Shafer, Susie Clutz and Carol Mooers

Zion News is published monthly by Zion Reformed United Church of Christ 201 North Potomac Street, Hagerstown, MD 21740.

Office Hours: Monday - Friday 9 am - 12:00 pm

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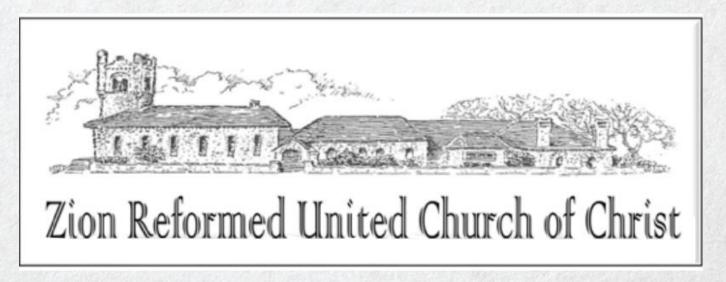
Deadline for articles is the 13<sup>th</sup> of each month prior to the month of publication. All articles are subject to editing for space.

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