



Zion News

MONTHLY NEWSLETTER | AUGUST 2023 – VOLUME 64 ISSUE 8

*The precepts of the Lord are right, giving joy to the heart.
The commands of the Lord are radiant, giving light to the eyes.
Psalm 19:8*

Welcome Pastor Scott!

This month, Zion begins a new part of its story as we welcome our new settled pastor, Rev. Scott Winnette. This process has not been easy, but we believe that God has been at work through all of it and we are so excited to begin the next chapter!



Join us Sunday, August 20th at 10am in the West Pavilion at City Park to welcome Scott! Zion will be providing chicken and drinks. Bring your favorite side or desert to share and a lawn chair.

Community Book Drive

Zion is a collection site for Community Book Warehouse, who distributes donated books to community organizations, schools, families and individuals to get them into the hands of vulnerable children. Get started looking through your house and collect books for all ages (books for children birth to 11 are preferred). We will collect books at the church from August 1 through September 14.

**ZION'S MISSION:
TO SHARE THE
GOSPEL OF CHRIST
IN SUCH A WAY THAT
WE FIND GOD,
GROW OUR FAITH,
DISCOVER OUR
PURPOSE AND MAKE
A DIFFERENCE**

Worship online:
www.zionreformed.church/worshiplate

Sunday Service: 10am
No Sunday School during the summer

Address:
201 N. Potomac St.
Telephone:
301-739-7244
Email:
zionrucc@myactv.net





Dear Zion Reformed United Church of Christ,

Unbinding and binding like life and death are a part of our human experience. We come together and we part praying God's heart holds us together. The Rev. Katie has physically exited 201 North Potomac and she is metaphysically, and spiritually exiting the role of Zion's Pastor. Emotional activity is to be expected. I have also left physically and pastorally my previous call, Rockville United Church (RUC). Emotional activity has and will continue to be experienced. I pray your love for Katie, like the RUC's beloved ones have for me is everlasting and deep. I know hers for you is likewise deep as is mine for them.

I am looking forward to joining you physically at Zion and as your Pastor. God willing, we will spend luxuriously meaningful time getting to know and love each other. As emergencies arise, we will respond quickly. The non-emergencies will take some time for we are entering a grand exciting time of discernment, getting-to-know each other. Hummm along with me this hymn.

*You Are The Family Of God,
You Are The Promise Divine;
You Are God's Chosen Desire,
You Are The Glorious New Wine.
Bind Us Together, Lord
Bind Us Together
With Cords That Cannot Be Broken
Bind Us Together, Lord
Bind Us Together
Bind Us Together In Love*

May we be bound together in love. Looking forward to rich times ahead. See you on the 20th.

In Christ's Love,
Pastor Scott



August 08

SUN	MON	TUE	WED	THU	FRI	SAT
		01	02	03	04	05
06	07	08	09	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September 09

SUN	MON	TUE	WED	THU	FRI	SAT
					01	02
03	04	05	06	07	08	09
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

AUGUST WEEKLY/MONTHLY EVENTS

Sunday Worship – 10am in the sanctuary and virtually at www.zionreformed.church/worshiplive

Tuesday's Supper and One Stop Shop – Every Tuesday from 5-6:30pm in the Fellowship Hall

Thursday Lunch Bunch– Thursdays at 12:00pm in the Burhans Room and ZOOM

4-H Club – Every Thursday at 4:30pm in the Burhans Room

Staff Team Meeting – 8/1, 8/15 and 8/29 at 12:00am in the Burhans Room

ONA Team Meetings– 8/23 at 4:30pm in the Burhans Room

CE Team Meeting – 8/28 at 4pm



We are looking to Choir Members. We will begin fall choir practice on Thursday, September 7. What time on Thursday works best for you? Please call or text Byron (301-865-1876) with the time(s) that works best for you (last year we practiced at 4:00pm). Come and join us!

August Birthdays

Judy Thompson	8/5	Angie Shafer	8/5
Doug Wade	8/8	Barry Newlin	8/9
Carol Mooers	8/12	Stacey Shealer-Broadwater	8/13
Frank Ebersole	8/15	Megan Shroyer	8/17
Rae Smith	8/22	Daniel Livingston	8/23
Felicity Shafer	8/25	Missie LaBombard	8/28

August Anniversaries

Amy and Barry Newlin	8/6	Susan and Burnie Clutz	8/24
Carol and Randall Schultz	8/23		

Notes from the Consistory

We are on the cusp of a new time in the history of Zion!

On July 16, we bid a fond farewell and thank you for Pastor Katie for her time with us. Please see the attached pictures of the luncheon and gifts we held in her honor.

In mid-August we will welcome Rev. Scott as our new settled pastor! Prior to his arrival, we will have guest speakers each Sunday. Here are some additional updates that you will want to know about:

- Zion was the 2023 recipient of the United Way Nonprofit Impact Award! Kim and Katie attended the dinner meeting to accept this prestigious award which highlighted Zion efforts to support those in need.
- Zion received a grant from the Maryland Food Bank for \$10,854 to support the expense of installing air conditioning in Fellowship Hall!
- The Tour of Historic Churches will be held once again on December 26th. Consider volunteering to lead tours of the church or to make and serve light refreshments.
- The new Pastoral Relations Team members are Susie Clutz, Becky Hohman, and Randy Schultz. Thank you for serving in this important role as Rev. Scott settles into our church family.
- The Cash Scholarships for Mackenzie Ridenour and Felicity Shafer have been continued for this upcoming school year. Both young women are working this summer in jobs related to their college majors.
- Are you interested and available to open and run the Cinderella Shop for 2 or 3 Saturdays in late August and early September a.k.a. Homecoming Season? Carroll Sager has a new granddaughter arriving sometime in mid-August and cannot commit to any dates. If others wish to open and run the Shop, please contact Carroll.
- The United Way Day of Caring is upcoming. Please see Kim or contact the Church Office if you can volunteer in this outreach project.
- The Community Resource Fair will be held on Tuesday, September 26 from 12 noon to 4 pm at Zion. Community resource providers will be here to meet with people who need to access various resources such as completing a job application, getting a blood pressure check, and setting up a mailbox. Volunteers to set up tables in the chapel on Monday, to guide visitors to the correct resource provider on Tuesday, and to tear down the tables on Tuesday late afternoon should contact Sue Graff or Carroll Sager.
- The sound board on our historic organ is failing and will require a substantial repair or replacement. More information about our options is being gathered and will be forthcoming.

Our biggest announcement is the arrival of Rev. Scott! He will be settling into his new office and getting to know the Zion family better beginning in mid-August. Rev. Scott's first Sunday preaching will be at City Park on August 20 and his first Sunday in the pulpit will be August 27.

Stay cool and safe this summer and consider participating in some or all of the events listed above.

Time Out *A Parish Nurse Note*

Everyone needs a time out. If you think you don't, you're wrong. Each one of us needs some "me time" in our hectic daily schedules. You may feel like you are "always on" and never able to slow down or take care of yourself. This is especially true if you care for young children, elderly parents or if you have a demanding or stressful job. Being constantly on the go and responsible for others' welfare is both stressful and challenging to your own health and well-being. Taking some "me time" doesn't have to involve lots of planning or big chunks of time. Small periods of your favorite rest and relaxation will leave you with boosted energy and a better outlook on life. Don't feel guilty about your time out.

One of the first things you should do during your alone time is **PUT DOWN THE TECH!** Leaving your cell phone, laptop, and other devices behind for a while will lessen eye strain and help your mind disconnect and slow down so you can enjoy **YOUR** time. This break from social pressures can help rebuild your mental strength and recharge your spirit.

"Me time" helps boost future productivity and your own self esteem. Your creative juices will begin to flow.....who knows what solutions and projects you will produce! Taking time to relax on a daily basis can help lessen depression as well as create better empathy and caring for others. Personal time is essential to having better satisfaction with life (especially enough sleep.)

If time out is so important, how do you do it? (Remember, this activity shouldn't create more stress for you!) Putting aside as little as 20-30 minutes per day can be beneficial to your overall well-being. Some ideas for me time include, reading a book, taking a fitness class, starting a new hobby or resurrecting an old one, keeping a diary, drawing or painting, cooking, dancing, sitting in a quiet space, talking to an old friend, giving yourself a small treat, listening to your favorite music, taking a brief walk outside during your lunch break, or taking a 20-30 minute nap. The ways to use your time out can be as unique as you are.



Let others know what you are doing-don't expect them to know that your closed door means "do not disturb for the next half hour." Making others aware of your alone time can hasten your success. Maybe a little planning can also help; if you want to take an early walk, put your clothes and shoes in an easily accessible place the night before. Set your alarm ahead 15 minutes or stop your activities earlier in the evening to assure your time out is available to you.

Try for some time out every day for several weeks and see if you notice a change in how you feel. As the saying goes, "You can't pour from an empty cup!"

Blessings and Health,
Barb Hendershot, RN
Parish Nurse

Sources:
calmsage.com
hbr.org/2021/04
verywellmind.com

What's Happening

August - Filling the Pulpit

While we await our new Settled Pastor, we will have some guest ministers and lay leaders that will be filling the pulpit:

- August 6th - Rev. Ron Shank
- August 13th - Barb Hendershot

August 25 - Book Club

Zion's Book Group will be meeting on Friday, August 25 at 7pm at the home of Daisy Schlotterbeck to discuss "A Thousand Voices" by Lisa Wingate. Adopted at age 13, Dell Jordan was loved and encouraged to pursue her passion for music. By 20, she was traveling abroad with a symphony and applying for a scholarship to Julliard. But her past remained a mystery to her. She set off on a journey to discover her heritage and found a link to Native Americans. In the voices of her ancestors, she discovers the keys to a future unlike anything she could have imagined. Please join us for fellowship and discussion. Contact Sue Graff for any questions.

August 26 - Block Party

Join us for fun, games, music and food! Invite the neighborhood to our annual block party on August 26th from 3-5pm in the Zion parking lot.

Date	Lector	Ushers	
August 6	Barb Hendershot	Frank Ebersole Carol Mooers	TBA Rich Owens
August 13	Calvin Livingston	Domenick Gerlando Barb Hendershot	Matt McDonald William Wantz
August 20	Carol Mooers	William Brewer Calvin Livingston	Jean Simmons Gerald Saum
August 27	Jean Simmons	Burnie Clutz Susan Clutz	Becky Hohman John Schnebly

TREASURER'S REPORT

	June	Year-to-Date
Income	\$4,300.89	\$30,034.66
Transfers	\$25,000	\$150,000
Expenses	\$34,621.36	\$180,048.91
Net Income	-\$5,320.47	-\$14.25

Your sacrificial giving is necessary to keep all of our ministires going.

Puzzle!

Fill in the blanks with the correct words. Then transfer the letters to the numbered boxes below to complete Psalm 107:1, NIV.

- Shape that symbolizes love 31 15 7 18 5
- Part of a stove used for baking 12 3 24 39
- Color made by red and yellow 28 42 7 8 27 37
- A present 1 32 20 11
- Clothing a girl wears 19 22 43 44 33
- Something you open to go into a room 40 29 17 47
- Opposite of soft (sound) 34 17 41 30
- To take a long walk 14 2 9 38
- A high body temperature 45 50 49 48 42
- Items used to build or fix things 13 35 21 16 26
- Edge of the sea 10 23 46 51 4
- Home for a bee 6 25 36 4

1	2	3	4	5	6	7	8
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28		
29	30	31	32	33	34	35	
36	37	38	39	40	41	42	43
44	45	46	47	48	49	50	51

Answer: heart, oven, orange, gift, dress, door, loud, hike, fever, tools, shore, hive; Give thanks to the LORD, for he is good; his love endures forever. Psalm 107:1, NIV



Over and over, when I ask God why all of these injustices are allowed to exist in the world, I can feel the Spirit whisper to me, You tell me why we allow this to happen. You are my body, my hands, my feet.

- *Shane Claiborne*

<p>Settled Pastor: Scott Winnette Admin Assistant: Rae Smith Multimedia Specialist: Brandon Hackett Music Director/Organist: Claire-Marie Moblard Choir Director: Byron L. Stay Treasurer: Lisa Saum Special Funds Treasurer: Carol Mooers Parish Nurse: Barb Hendershot</p> <p>Consistory Elders: Kim Ridenour, Carroll Sager, Tina Shafer, Susie Clutz and Carol Mooers</p> <p>Consistory Deacons: Rich Owens and Calvin Livingston, Megan Shroyer, Matt McDonald, and Jean Simmons</p>	<p>Zion News is published monthly by Zion Reformed United Church of Christ 201 North Potomac Street, Hagerstown, MD 21740.</p> <p>Office Hours: Monday – Friday 9 am – 12:00 pm Telephone: 301-739-7244 Email: zionrucc@myactv.net Website: www.zionreformed.church</p> <p>Deadline for articles is the 15th of each month prior to the month of publication. All articles are subject to editing for space.</p> <p>The medical information in this newsletter is provided without any representations or warranties, express or implied. You must not rely on the information in this newsletter as an alternative to medical advice from your doctor or other professional healthcare provider.</p>
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RETURN SERVICE REQUESTED

Hagerstown, MD 21740
201 North Potomac Street

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